

ST JAMES CE PRIMARY SCHOOL



Tel: 01798 872196
Email: office@st-james-coldwaltham.w-sussex.sch.uk
Executive Head Teacher: Mrs Stephanie Gibson
Head of School: Mrs Lizzie Martin

For learning, discovery
and achievement

www.st-james-coldwaltham.w-sussex.sch.uk

SEPTEMBER 2020

Covid-19 infection or contact: a brief guide for parents/carers

If you or your child are displaying symptoms, BOOK A TEST.

You *must* provide details of anyone you have been in close contact with if you test positive.

You *must* self-isolate if anyone in your household has been in close contact with anyone who tests positive.

You *must* inform the school if you or anyone in your household tests positive.

Staff and pupils must not come to school if they have symptoms and must be sent home to self-isolate if they develop them in school.

Following a test:

If someone tests **negative**, if they feel well and no longer have symptoms similar to coronavirus (COVID-19), they can stop self-isolating. They could still have another virus, such as a cold or flu – in which case it is still best to avoid contact with other people until they are better. Other members of their household can stop self-isolating.

If someone tests **positive**, they should follow this guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance>

and continue to self-isolate for at least 10 days from the onset of their symptoms and then return to school only if they do not have symptoms other than cough or loss of sense of smell/taste. This is because a cough or anosmia can last for several weeks once the infection has gone. The 10-day period starts from the day when they first became ill. If they still have a high temperature, they should keep self-isolating until their temperature returns to normal. Other members of their household should continue self-isolating for the full 14 days.

In the event of a case of Covid-19 amongst the school community, we will contact our **local health protection team**. They will carry out a rapid risk assessment and guide us through the actions we need to take. In this event, we will keep parents and carers fully informed.

*Please help us to keep our school **OPEN** by following all social distancing guidelines. Thank you.*

Church Lane - Coldwaltham - Pulborough - West Sussex - RH20 1LW