

Thursday 4<sup>th</sup> March 2021

### Mindfulness

You now know what mindful activities work for you. I have found some links you might want to use, but it is up to you how you spend your time.

Square breathing: <https://www.youtube.com/watch?v=YFdZXwE6fRE>

Calm down yoga: <https://www.youtube.com/watch?v=rWP4Xl4IDYA>

Stretching: <https://www.youtube.com/watch?v=6faJ5WpOPGY>

### English - World Book Day!

As today is World Book Day, I have given you a choice of book related activities. On the class page, there is a power point which has a fun game at the end and many different activities you can choose from. There are also some great websites below that you could visit or you could search for the website of your favourite authors.

You could:

- Complete the author word search
- Answer the questions to complete the crossword
- Design a new front cover for your favourite book
- Complete the top five book sheet
- See how many things you can find on a book scavenger hunt
- <https://www.worldbookday.com/> Lots of fun activities
- <https://www.booktrust.org.uk/books-and-reading/have-some-fun/quizzes/> Test your knowledge
- [https://www.softschools.com/quizzes/childrens\\_books/](https://www.softschools.com/quizzes/childrens_books/)

### MyMaths

Today we are all consolidating our learning about measures as it is something we may continue when we are all back in school. I have set you many different activities and games on MyMaths. They are all different levels so challenge yourself.

Today's activities are:

Measures 1 calculation climber

Metres and centimetres pairs activity 1

Centimetres and millimetres pairs activity 1

Perimeter activity

Perimeter of a rectangle pairs activity

Further learning:

<https://www.topmarks.co.uk/maths-games/7-11-years/measures>

### Quiet Reading

Continue to read for 30 minutes a day and make notes in a notebook. Remember Mrs Martin would like you to continue to record your thoughts about the book.

## Science - SPACE!

Today's lesson is our final lesson on Space. In the lesson you will be doing a project to show me something you have learned during the lessons. There is a sheet on the class page which will give you more ideas but you can do anything. Be creative!

Also, recently you may have seen some pictures from Mars as Nasa have successfully landed the Rover perseverance onto the surface of Mars. It is amazing, so take a look!

[https://www.nasa.gov/mission\\_pages/mars/main/index.html](https://www.nasa.gov/mission_pages/mars/main/index.html)

## End of the day!

Today I have chosen 'The Spy Who Loved School Dinners' as it is by a great author called Pamela Butchart. You may prefer to find a recording of your favourite book from your work this morning.

<https://www.youtube.com/watch?v=YYgxWgsySzw>