

Thursday 21st January 2021

Mindfulness

Time to relax! I have included two links that you could use but if you prefer a different method of relaxation and reflection then that is fine.

Square breathing <https://www.youtube.com/watch?v=YFdZXwE6fRE&t=33s>

Yoga and mindfulness <https://www.youtube.com/watch?v=0ZpZOD6h6KU>

If you prefer to start your day more actively you could do another Joe Wicks workout on his Body Coach channel.

English - Grammar

Today's lesson is taught by Mrs Smart. You will need a notebook, a pen/pencil and some coloured pencils/pens. The Learning Objective is 'To explore expanded noun phrases'. I have included a breakdown of the lesson below as Mrs Martin said some of you are finding the videos overwhelming. Hopefully this will help. To support your sentence writing I have added a word mat to the class page on the website. There are additional worksheets, also on the website, which you may want to use.

Lesson link:

<https://classroom.thenationalacademy/lessons/to-explore-expanded-noun-phrases-6hh36c>

3.00 - Quiz to remind yourself of the word classes. No writing needed.

4.22 - Write down ideas for what is a phrase and what is a clause.

If you find this hard you can copy the completed grid shown at 6.30.

6.43 - Main focus of the lesson. Expanded noun phrases.

9.10 - Identify the noun phrases.

12.05 - Write own expanded noun phrases, using the examples give. (There are 3 of them)

15.45 - Main task! Write 4 sentences with expanded noun phrases to describe the images.

If you prefer to write about a different subject you can.

This is the piece of work that should be emailed in.

BBC Bitesize also has a video clips and quiz that supports your learning.

<https://www.bbc.co.uk/bitesize/topics/zwwp8mn/articles/z3nfw6f>

MyMaths - Shape

Today we are continuing to consolidating our knowledge of shape names and the more challenging area of their properties.

Today's lesson is:

Y4 - Lines and quadrilaterals

The link to the loom video is below. In the video, I will talk you through the lesson layout and what you need to do. I will also show you the homework. **Remember, you will still need to work through the lesson yourself, making notes in a notebook and then complete the homework.**

<https://www.loom.com/share/8637f3e437294eacaf5f1de68fd23910>

Your marks will be recorded for me to be able to see. If you need to improve your score, you can retake the homework through your feedback page.

There is a video on BBC Bitesize and songs on YouTube, so I have included the links to support your learning if needed.

<https://www.bbc.co.uk/bitesize/topics/zb6tyrd/articles/zp327hv>

<https://www.youtube.com/watch?v=P3AOoLbA3us>

<https://www.youtube.com/watch?v=COCHfcYkF1c>

Quiet Reading

Continue to read for 30 minutes a day and make notes in a notebook. Remember Mrs Martin would like you to continue to record your thoughts about the book. *You could even record great expanded noun phrases, linked to our grammar lesson today.*

Science - SPACE!

I am so pleased that many of you have been excited for our learning!

Today's lesson is 'What is the solar system?' You will need a notebook or paper, a pencil or pen, a coloured pencil, or pen, and a ruler. You do not need to print the worksheets unless you prefer to as it will be easier. I have put all main tasks in a **bold font** to help you know what work I would like to see. Again, I have included a breakdown of the lesson below.

Lesson Link: <https://classroom.thenational.academy/lessons/what-is-the-solar-system-c5jk6r>

Introductory Quiz! Complete the 4 questions and write down your score.

1.46 - Objects in the solar system

3.10 - **Complete a mind map of the sun, using the information from the previous pages in the video.**

3.25 - What are planets?

4.14 - Come up with actions for the sentence to help you remember it.

4.33 - What are moons?

6.14 - **Activity. Write the names of the objects that are being described.**

Write the number and the object, no need to write the description, unless you want to.

7.18 - Linking knowledge. Match the answers. No need to record.

8.28 - Asteroids, meteoroids, meteors and meteorites.

9.34 - Answer the 2 questions about asteroids.

10.45 - Video of someone making a comet.

15.08 - Meteoroids

16.41 - **Activity. Label the diagram. It is slide 8 on the worksheets if you can print it out.**

18.00 - Thinking task.

Exit Quiz. Complete the 4 questions and write down your score.

Remember I would like you to keep a record of your quiz scores and send it, along with photos of the work in bold, on Friday.

There are also a BBC Bitesize page and YouTube song that support your learning.

The sun <https://www.bbc.co.uk/bitesize/clips/zdnhfg8>

Space rocks https://www.youtube.com/watch?v=rVdniqc_G_Q

Remember, if you finish the lessons and would like to learn more I have included some links you may wish to explore further. I found some new ones this week - take a look!

CBeebies have had a space focus this week with Maddie, Space and You.

5 great programmes that I think you might enjoy.

<https://www.bbc.co.uk/iplayer/episode/m000rjgg/maddie-space-and-you-series-1-1-rockets>

They have also had a stargazing series for children.

<https://www.bbc.co.uk/iplayer/episode/m000rjgl/cbeebies-stargazing-space-explorers-1-the-gr-and-tour>

Life Science Centre

Visit the space zone virtual tour

https://www.life.org.uk/virtual-visit/space-zone?gclid=EAIaIQobChMI74ew3Iqe7gIVBWHmCh1h1gaDEAAYASAAEgJ51PD_BwE

European Space Agency for kids

<http://www.esa.int/kids/en/home>

BBC Bitesize Earth and Space

<https://www.bbc.co.uk/bitesize/topics/zkbbkqt>

Nasa (National Aeronautics and Space Administration)

<https://solarsystem.nasa.gov/>

<https://www.nasa.gov/kidsclub/index.html>

Brian Cox's series The Planets

The information may be very hard to understand but the images and videos are amazing!

<https://www.bbc.co.uk/iplayer/episode/p06qj30b/the-planets-series-1-3-the-godfather-jupiter>

End of the day!

Today I have chosen a video of Cressida Cowell reading her book 'How to Train Your Dragon'

Prologue

https://www.youtube.com/watch?v=DyUNZa7_Gjo&list=PLBHPLU9xAmxfoJvqBzIIGLTypOm-cy8Tu

Chapter 1

<https://www.youtube.com/watch?v=uWhNzQUfmSE&list=PLBHPLU9xAmxfoJvqBzIIGLTypOm-cy8Tu&index=2>

If you are enjoying the story you can continue listening as she has recorded the whole book on YouTube.